

**NATIONAL, PROVINCIAL & TERRITORIAL LINKS TO:
SUPPORT FOR THOSE BEHAVING ABUSIVELY**

NOTE – DIAL 211 FOR ASSISTANCE IN MULTIPLE LANGUAGES IF YOU LIVE IN BRITISH COLUMBIA, ALBERTA, SASKATCHEWAN, MANITOBA, ONTARIO, QUEBEC, NEW BRUNSWICK, NOVA SCOTIA OR NUNAVUT

NATIONAL DIRECTORIES

<p>Public Health Agency of Canada - Canada's Treatment Programs for Men Who Abuse Their Partners Website: www.canada.ca/en/public-health/services/health-promotion/stop-family-violence/prevention-resource-centre/women/treatment-programs-men-abuse-partners.html#toc</p>
<p>The White Ribbon Campaign (Help for Abusive Men in 60 countries), Address: 36 Eglinton Ave. West, Suite 603, Toronto - M4R 1A1 Phone: (416-920-6684) (1-800-328-2228) Website: www.whiteribbon.ca</p>
<p>The Canadian Association of Family Resource Programs Website: www.frp.ca/index.cfm?fuseaction=Page.viewPage&pageId=476</p>
<p>Canada's Treatment Programs for Men Who Abuse Their Partners Website: http://publications.gc.ca/collections/collection_2008/phac-aspc/HP20-7-2008.pdf</p>
<p>Government of Canada – Immigration, Refugees and Citizenship Canada (Settling in Canada – Directory) Website: http://www.cic.gc.ca/english/newcomers/services/index.asp</p>
<p>CMHA – Canadian Mental Health Association Website: http://www.cmha.ca/get-involved/find-your-cmha/</p>
<p>211 National Information and Referral Services – Website : http://211.ca/</p>

ALBERTA

PROVINCIAL DIRECTORIES

<p>Alberta Health Services - Corporate Offices (Edmonton) Address: Seventh Street Plaza, 14th Floor, North Tower, 10030 – 107 Street NW, Edmonton, Alberta T5J 3E4 Email: ahsinfo@albertahealthservices.ca Phone: 780-342-2000 or 1-888-342-2471 Website: http://www.albertahealthservices.ca/info/service.aspx?id=1069559</p>
<p>Director of Office of Prevention of Family Violence, Department of Family and Social Services Address: 7th Street Plaza, 10030 107th Street, 11th Floor, Edmonton, Alberta - T5J 3E4 (403-427-7599) Website: http://www.humanservices.alberta.ca/abuse-bullying/15734.html</p>
<p>Psychology Today Therapists Directory – Alberta Contacts Website: https://therapists.psychologytoday.com/rms/state/Alberta.html</p>
EDMONTON
<p>Changing Ways (Edmonton) - Edmonton Family Violence Treatment, Education and Research Centre Address: 115, 9303 34 Avenue NW, Edmonton, Alberta - T6E 5W8 Phone: 780-439-4635 x100 Email: intake@edmontonvpc.ca Website: www.edmontonvpc.ca/our-programs/changing-ways/</p>
<p>CMHA – Counselling for Men (Edmonton) Website: http://edmonton.cmha.ca/wp-content/uploads/2017/03/2016-11_211ResourceList_Men.pdf</p>
<p>Canadian Centre for Men and Families (Edmonton) Website: http://www.menandfamilies.org/edmonton/</p>

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CALGARY
Provincial Family Violence Treatment Program - Calgary Adult Addiction Services, 2nd Floor Address: 1177 11 Avenue SW, Calgary, Alberta - T2R 1K9 Phone: 403-297-3071 Website: http://www.albertahealthservices.ca/info/facility.aspx?id=1001266&service=1069559
Provincial Family Violence Treatment Program (John J. Bowlen Building – Calgary) Address: 620 7 Avenue SW, Calgary, Alberta - T2P 0Y8 Website: http://www.albertahealthservices.ca/info/facility.aspx?id=1001602&service=1069559
Calgary Regional Health Authority Peter Lougheed Hospital: Forensic Assessment and Outpatient Services Address: 3500 26 th Avenue N.E., Calgary, AB - T1Y 6J4 Phone: (403) 943-4596 Website: http://www.albertahealthservices.ca/info/facility.aspx?id=2
Men's Counselling Service of Calgary - Administration Office Address: 500-1509 Centre St SW, Calgary AB T2G 2E6 Phone: 403-299-9680 Email: mcscalgary@cwes.ca Website: http://www.mcscalgary.com/
Canadian Centre for Men and Families (Calgary) Website: http://www.menandfamilies.org/calgary/
YWCA Family Violence Prevention Program and Sheriff King Home (Calgary) Address: 2003 – 16 Street SE, Calgary, AB T2G 5B7 Phone: 403.266.4111 Email: skreception@ywcacalgary.ca Website: https://www.ywcacalgary.ca/programs/individual-counselling/
Men's Crisis Service – Calgary Women's Emergency Shelter Association Address: 495 – 36 th Street N.E., Suite 255 Calgary, AB T2A 6K3 Phone: (403) 299-9680 Email: info@cwes.calgary.ab.ca Website: https://www.calgarywomensshelter.com/index.php/shelter-programs/men-s-counselling-service
Responsible Choices for Men – Calgary Counselling Centre Address: 940 Ave. 6 th Ave. S.W., #200 Calgary, AB T2P 3T1 Phone: 403-265-4980 Email: contactus@calgarycounselling.com Website: https://calgarycounselling.com/counselling/male-domestic-abuse-outreach-program/
LETHBRIDGE
Provincial Family Violence Treatment Program (Lethbridge Family Services) Address: 1107 2A Avenue N., Lethbridge, Alberta – T1H 0E6 Phone: 403-327-5724 Email: ggiesbrecht@lfsfamily.ca Website: https://www.lfsfamily.ca/counselling_outreach/services.php
RED DEER
Provincial Family Violence Treatment Program – Central Alberta Women's Outreach Society (Red Deer) Address: 4101 54 Avenue, Red Deer, Alberta – T4N 7G3 Phone: 403-347-2480 or 1.866.347.2480 Email: info@womensoutreach.ca Website: http://www.womensoutreach.ca/programs/mens-group/
Red Deer Provincial Building – Red Deer Addiction and Mental Health Address: 4920 51 Street, Red Deer, Alberta – T4N 6K8 Phone: 403-340-5274 Website: http://www.albertahealthservices.ca/info/facility.aspx?id=1006510&service=1069559
MEDICINE HAT
Courage to Change - Medicine Hat Family Services Address: 477 3 rd St SE Medicine Hat, AB, T1A 0G0 Phone: (403) 504-8026 Email: info@mhfamilyservice.com Website: http://mhfamilyservice.com/services/counselling

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BRITISH COLUMBIA
PROVINCIAL DIRECTORIES / AGENCIES
BC Government – Law, Crime and Justice (Provincial Directory of Services) VictimLinkBC at 1-800-563-0808 (24 hour/7 days a week BC helpline) Website: http://www2.gov.bc.ca/gov/content/justice/criminal-justice/victims-of-crime/service-providers/directory-of-victim-service-and-violence-against-women-programs
Ending Violence Association of British Columbia (Directory) – Address: 1404-510 West Hastings St., Van., BC V6B 1L8 Phone: 604-633-2506 Email: woods@endingviolence.org Website: http://endingviolence.org/need-help/
Policy Analyst, Corrections Branch – Ministry of Attorney General (Directories) Phone: Vancouver (604-660-2421) Victoria (250-387-6121) Elsewhere in BC 1-800-663-7867 Website: http://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/if-you-are-convicted-of-a-crime/serving-a-community-sentence/community-programs
ManKind Project – B.C. – Email: info@mkp-bc.ca Website: http://www.mkp-bc.ca/
Directory of Counsellors and Psychologists in BC – Website: http://counsellingbc.com/counsellors
VANCOUVER AND AREA
Diversecity Community Resource Society-Address: 13455-76 Ave.-Surrey-BC-V3W 2W3 Email: counsellingservices@dcrs.ca Phone: (604) 597-0205 / 604-547-1202 Website: http://www.dcrs.ca/services/family-services/family-counselling/
Anger Management - Moose Anger Management - Address: #204 – 402 West Pender Street, Vancouver B.C. V6B 1T6 Phone: (604) 723-5134 Email: alistair@angerman.ca Website: www.angerman.ca
Men in Charge - Mosaic Family Programs (Multilingual) Address: 1720 Grant Street, Vancouver, BC – V5L 2Y7 Phone: (604) 254-9626 Email: mosaic@mosiacbc.com Website: https://www.mosaicbc.org/services/counselling/men-in-change/
Deltassist Family and Community Services Society – Alternatives to Violence – Phone: (604) 594-3455 Address: 9097 120 th Street Delta, BC V4C 6R7 Email: inquiry@deltassist.com Website: www.deltaassist.com/counselling
Sunwood Counselling – Address: #306 – 7337 137 th Street, Newton Landmark II Building Surrey, BC, V3W 1A4 Phone: (604) 592-6780 Email: harrison@sunwoodcounselling.ca Website: www.sunwoodcounselling.ca
Touchstone Family Association – Men Anger and the Family Address: 120-6411 Buswell Street Richmond, BC V6Y 2G5 Phone: (250) 279-5599 Email: touchstone@touchfam.ca Website: www.touchstonefamily.ca/programs-and-services/family-preservation/men-anger-family
Peace Arch Community Services – Men’s Anger and Emotional Management Group Address: 882 Maple Street White Rock, BC V4B 4M2 Phone: (604) 538-2522 Email: counsellingservices@sourcesbc.ca Website: http://www.sourcesbc.ca/index.php?option=com_content&view=article&id=192&Itemid=208
VICTORIA
Victoria Family Violence Prevention Society Address: 2541 Empire Street, Victoria, BC – V8T 3M3 Phone: (250) 380-1955 Email: info@familyviolence.ca Website: https://coolaid.org/resource/victoria-family-violence-prevention-society-pacific-centre-family-services-association/
ABBOTSFORD
Abbotsford Community Services – Enhancing Harmony (ITFAK) Program – Phone: (604) 859-7681 ext. 278 Address: 2420 avenue Montrose Avenue Abbotsford, BC V2S 3S9 Email: itfak@paralynx.com Website: www.abbotsfordcommunityservices.com/programs/victims-abuse-violence/indo-canadian-spousal-assault-program

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MANITOBA
PROVINCIAL DIRECTORY
Manitoba Government, Family Violence Prevention Program, Resource Directory Website: https://www.gov.mb.ca/fs/fvpp/resources.html
WINNIPEG
Director of Family Violence Prevention Branch, Ministry of Family Services (Winnipeg) Address: 1430-405 Broadway Ave., Winnipeg, MB – R3C 3L6 Phone: (204-945-7259) Website: www.gov.mb.ca/fs/fvpp/men.html
Klinic Community Health (Winnipeg) Address: 870 Portage Avenue, Winnipeg, MB, R3G 0P1 Phone: (204) 784-4090 Email: nchammartin@klinik.mb.ca Website: http://klinik.mb.ca/
Men Are Part of the Solution Website: http://www.menarepartofthesolution.com/
John Howard Society of Manitoba (Winnipeg) Address: 583 Ellice Avenue, Winnipeg, Manitoba – R3B 1Z7 Phone: (204) 775-1514 Email: office@johnhoward.mb.ca Website: http://www.johnhoward.mb.ca/wp/
Aurora Family Therapy Centre (Newcomer Program) (Winnipeg) Address: 515 Portage Avenue, Room 515, Winnipeg, MB R3B 2E9 Phone: (204) 786-9251 Email: aurora@uwinnipeg.ca Website: http://www.aurorafamilytherapy.com/
Mosaic Newcomer Family Resource Network Address: 397 Carlton Street Winnipeg, Manitoba, R3B 2K9 Phone: (204) 774-7311 Email: MosaicInfo@mosaicnet.ca Website: http://www.mosaicnet.ca/family/
BRANDON
Counselling Centre for Hope, Healing and Encouragement (Brandon) Address: 335 rue 9 th Street Brandon, MB R7A 4A8 Phone: (204) 726-8706 Email: info@counsellingcentre.ca Website: http://counsellingcentre.ca/
Domestic Abuse Brandon Community Resource Map (Directory) Manitoba Justice – Domestic Violence Support Service (DVSS) Address: L10-1104 Princess Avenue, Brandon, MB R7A 0P9 Phone: 204-726-7400 or 1-866-484-2846 Website: https://www.gov.mb.ca/justice/victims/pubs/resource_map_brandon.pdf

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NEW BRUNSWICK

FREDERICTON

Victoria Health Centre (Fredericton)

Address: 65 Brunswick Street, Suite 292, Fredericton, NB – E3B 1G5

Phone: (506) 458-1803 **Email:** psinc@nbnet.nb.ca **Website:** <http://www.crmhaa.ca/>

Family Enrichment and Counselling Services Inc. (Fredericton)

Address: 356 Queen Street, Fredericton, NB E3B 1B2 –

Phone: (506) 458-8211 or 1-888-829-6777 **Email:** fsf@nbnet.nb.ca or info@familyenrichment.ca

Website: <http://familyenrichment.ca/index.php/en-2015/page/services>

John Howard Society of Fredericton

Address: 294 Main Street, Fredericton, NB – E3B 3C4

Phone: (506) 450-2750 **Email:** jhsf@nb.aibn.com **Website:** <https://www.johnhowardfredericton.ca/>

Horizon Health Network (Fredericton)

Address: 180 Woodbridge Street, Fredericton, New Brunswick – E3B 4R3

Phone: 506-623-5500 **Email:** Horizon@HorizonNB.ca **Website:** <http://en.horizonnb.ca/home.aspx>

Canadian Mental Health Association (Fredericton)

Address: 403 Regent St., Suite 202, Fredericton, NB E3B 3X6

Phone: (506) 455-5231 **Website:** <http://cmhanb.ca/mental-health/community-mental-health-centre-contact-information/>

MONCTON

Empathetic Solutions (Moncton)

Address: 120 High Street, Moncton, NB – E1C 6B5

Phone: (506) 857-3258 **Email:** fsmoncton@rogers.com **Website:** <http://empathicsolutions.ca/>

John Howard Society of Moncton

Address: 15 Flanders Court, Moncton, NB E1C 0K6

Phone: (506) 854-3499 (Moncton) **Email:** info@johnhowardsenb.com **Website:** <https://johnhowardsenb.com/>

SAINT JOHN

John Howard Society of Saint John

Address: 68 Carleton Street, Saint John, NB – E2L 2Z5

Phone: (506) 657-5547 (Saint John) or (506) 854-3499 (Moncton) **Email:** info@johnhowardsenb.com

Website: <https://johnhowardsenb.com/>

Gentle Path Counselling Services (Saint John)

Address: 82 Germaine Street, Saint John, NB – E2L 2E8

Phone: (506) 652-7284 **Website:** <http://www.gentlepathsj.com/>

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NEWFOUNDLAND AND LABRADOR (ST. JOHN'S)

Department of Justice and Public Safety – Victim Services (St. John's)

Address: 4th Floor, East Block, Confederation Building, P.O. Box 8700, St. John's NL – A1B 4J6

Phone: 709-729-7970 **Email:** victimservices@gov.nl.ca **Website:** www.victimserviceshelp.ca/contact.html

John Howard Society of St. John 's – Address: 342 Pennywell Road, St. John's, NL A1E 1V9

Phone: (709) 726-5500 **Email:** info@jhsnl.ca **Website:** <http://johnhowardnl.ca/>

A Holding Place (St. John's) – Address: 111 Pennywell Road, St. John's, NL A1C 2L2

Phone: (709) 738-0432 **Email:** Help@aholdingplace.ca **Website:** <http://aholdingplace.ca/>

The Daley Center - Address: 48 St. Thomas Line, Paradise, NL – A1L 2L6

Phone: (709) 781-3800 **Email:** admin.atlantic.counselling@nf.aibn.com **Website:** www.atlanticcounselling.com/index.shtml

Aspens & Oaks Counselling (St. John's) – Address: 23 Cashin Avenue, St. John's, NL A1E 3A9

Phone: 709 754 2068 **Email:** service.inquiry@aspensandoaks.ca **Website:** <http://counsellingsolutions.ca/>

Janeway Children's Health and Rehabilitation Centre – Address: 300 Prince Phillip Drive, St. John's, NL A1B 3V6

Phone: (709) 777-6300 **Website:** <http://www.easternhealth.ca/AboutEH.aspx?d=3&id=789&p=724>

NORTHWEST TERRITORIES

Northwest Territories – Department of Justice – Victim Services Contacts (Directory)

Website: <https://www.justice.gov.nt.ca/en/victim-services-contacts/>

Yellowknife Health and Social Services Authority (NWT Directory) Phone: (867) 767-9095 **Email:** yhssa@gov.nt.ca

Address: Box 608 Yellowknife, NT, X1A 2N5 – **Address:** Goga Cho Building 4916 – 47th St 2nd floor

Website: www.yhssa.hss.gov.nt.ca/social-services/family-violence/contact-us-family-violence-assistance/family-violence-services-men

Northwest Territories – Department of Justice (Directory)

Website: <https://www.justice.gov.nt.ca/en/a-new-day-mens-healing-program/>

NOVA SCOTIA (HALIFAX AND AREA)

Nova Scotia Government – Department of Community Services (Halifax) – Phone: 902-424-5099

Address: P.O. Box 696, Halifax, Nova Scotia – B3J 2T7 **Website:** www.novascotia.ca/coms/families/MensIntervention.html

New Start Counselling (Dartmouth) – Address: 45 Alderney Dr., Suite 900, Dartmouth, NS-B2Y 2N6

Phone: 902-423-4675 **Email:** newstart@eastlink.ca **Website:** <http://www.newstartcounselling.ca/>

John Howard Society of Nova Scotia (Sackville) – Address: 541 Sackville Dr, Suite #1, Lr Sackville, NS-B4C 2S1

Phone: 902.429.6429 **Email:** contact@ns.johnhoward.ca **Website:** <http://ns.johnhoward.ca/>

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ONTARIO

PROVINCIAL DIRECTORIES

Victims Services Provincial Directory, Ministry of the Attorney General

Address: 700 Bay Street, 3rd Floor Toronto, ON M5G 1Z6 **Phone:** (1-888-579-2888, or 416-314-2447)

E-mail : attorneygeneral@ontario.ca **Website:** <http://services.findhelp.ca/ovss/>

John Howard Society of Ontario – Address: 342 Queen Street East, Toronto, Ontario – M5A 1S8

Phone: 416-408-4282 **Email:** info@johnhoward.on.ca **Website:** <http://johnhoward.on.ca/>

John Howard Society of Ontario – (Ontario Directory)

Website: <http://johnhoward.on.ca/wp-content/uploads/2013/08/Adult-Programs-and-Services-June-2016-Complete.pdf>

211 Ontario (Helplines, Resources, Information)– Website: <https://211ontario.ca/211-topics/abuse-assault/>

Family Service Toronto (Partner Assault Response)

Address: 202-128A Sterling Road , Toronto, M6R 2B7

Website: <https://familyservicetoronto.org/our-services/programs-and-services/partner-assault-response/>

Counselling Programs for Abusive Men (Information Booklet) Website: <http://www.daletrimble.com/progmen.pdf>

TORONTO AND AREA

Catholic Family Services for Men (Toronto)

Address: Newtonbrook Plaza; 5799 Yonge St Suite 300 North York Central Toronto ON M2M 3V3 Canada

Phone: 416-222-0048 **Email:** info@cfstoronto.com

Website: http://www.cfstoronto.com/client/cfs/cfs_lp4w_Ind_webstation.nsf/page/Counselling+Program

Counterpoint (3 locations in Toronto)

Main Address: 920 Yonge Street, Suite 605, Toronto, ON M4W 3C7 **Phone:** 416-920-0268 **Email:** info@counterpoint.coop

Website: <http://www.counterpoint.coop/pages/home/>

Catholic Family Services (Peel-Dufferin)

Brampton- William G. Davis Centre for Families – Address: 60 W. Drive,#201 Brampton, ON L6T 3T6 **Phone:** 905.450.1608

Mississauga-The Emerald Centre- 10 Kingsbridge Garden Circle #400 Mississauga ON L5R 3K6 Phone: 905 450-1608

Caledon – Address: 18 King Street East, Unit D5 Bolton, ON L7E 1E8 **Phone:** 905.450.1608

Orangeville – Dufferin Child and Family Services - 655 Riddell Road Orangeville, ON, L9W 4Z5 Phone: 1.888.940.0584

Website: <http://www.cfspd.com/counselling.html>

(PAR) Partner Response Assault Program (2 Toronto Locations - 416 291 8884)

Website: <https://www.parprogram.ca/en/>

Canadian Centre for Men and Their Families (3 Ontario locations)

Toronto Website: <http://www.menandfamilies.org/toronto/> **Ottawa Website:** <http://www.menandfamilies.org/ottawa/>

London Website: <http://www.menandfamilies.org/london/>

Thrive Counselling

Address: 400 Main Street East, Suite 207 Milton, ON L9T 4X5 **Email:** info@thrivecounselling.org

Website: <http://thrivecounselling.org/>

Catholic Family Services of Durham

Address: 115 Simcoe St. South, 3rd Floor Oshawa, ON L1H 4G7

Phone: 905-725-3513 **Toll Free:** 1-877-282-8932 **Email:** info@cfsdurham.com

Website: http://www.cfsdurham.com/english/get_help.html

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OTTAWA AND AREA

Catholic Family Services (Ottawa)

Address: 310 Olmstead Ottawa, ON K1L 7K3 **Phone:** 613-233-8478 **Email:** info@cfsottawa.ca

Website: <http://www.cfsottawa.ca/en/>

Family Services Ottawa

Address: 312 Parkdale Avenue, Ottawa, ON, K1Y 4X5 **Phone** 613-725-3601 ext. 0 **Email** fsfo@familyservicesottawa.org

Website: <http://familyservicesottawa.org/adults/individual-counselling/>

JFS Ottawa Counselling

Address: 300-2255 Carling Avenue, Ottawa, ON K2B 7Z5 **Phone:** 613.722.2225 **Email:** info@jfsottawa.com

Website: <http://www.jfsottawa.com/counselling-programs/#the-centre-for-couples-and-relationships>

SOUTH-WEST ONTARIO

Novavita (Hamilton Counselling)

Address: 59 North Park Street Brantford, ON N3R 4J8 **Phone:** 519-752-1005 ext. 255 **Email:** info@novavita.org

Website: <http://novavita.org/we-can-help/programs/>

Kitchener Waterloo Counselling Services

Address: 480 Charles St. East Kitchener ON N2G 4K5 **Phone:** 519.884.0000 **Website:** <http://www.kwcounselling.com/>

Family Services – Windsor-Essex

Address: 1770 Langlois Ave Windsor, ON N8X 4M5 **Phone:** (519) 966-5010 Toll-free: 1-888-933-1831 **E-mail:** info@fswe.ca

Website: <https://fswe.ca/>

NORTHERN ONTARIO

Community Counselling Centre of Nipissing

Website: <http://www.cccnip.com/counselling-for-people-who-abuse-their-partners-partner-assault-response-or-par/>

Family Enrichment Centre (Sudbury)

Website: <http://www.familyenrichmentcentre.ca/>

PRINCE EDWARD ISLAND (CHARLOTTETOWN)

Turning Point Program - Department of Justice and Public Safety (Coordinator – Joanne Hargrove)

Phone: (902) 368-6392 or (902) 569-7613 **Email:** jmhargrove@gov.pe.ca

Website: <https://www.princeedwardisland.ca/en/information/justice-and-public-safety/turning-point-program>

Family Service P.E.I. (Charlottetown)

Address: 158 Belvedere Ave., Suite 5, Charlottetown, PEI - C1A 2Z1

Phone: (902) 892-2441 **Email:** cfs@familyservice.pe.ca **Website:** www.familyservice.pe.ca/therapeutic-counselling/

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QUÉBEC

Gouvernement du Québec (ressources) - Site web/web site http://domesticviolence.gouv.qc.ca/need_resources.php

Action on Mental Illness (répertoire des ressources)

Site web/web site: <http://amiquebec.org/violence/>

Soutien aux organismes communautaires, Ministère de la Santé et des Services sociaux, Gouvernement du Québec

Tél/tel: (514-759-4445) **Site web/web site:** www.msss.gouv.qc.ca/en/sujets/prob_sociaux/domestic_violence.php

Donne-toi une chance - Address: 380, rue Notre-Dame Street, local 2A Gatineau (QC) J8P 1L5

Tél/tel: (819) 643-1311 **Courriel/email:** donnetoiunechance@hotmail.com

Site web/web site: <http://www.donnetoiunechance.org/>

Poing final - Address: 739, rue Dufferin Street Granby (QC) J2H 2H5

Tél/tel: (450) 777-6680 **Courriel/email:** info@rhhy.qc.ca **Site web/web site:** www.rhhy.qc.ca

Montreal Anger Management Centre/Le centre de gestion de la colère de Montréal

Address: 5845, chemin de la Côte-des-Neiges Suite 440 Montréal, QC H3S 1Z4

Tél/tel: (514) 737-7208 **Courriel/email:** tcaplan@sympatico.ca **Site web/web site:** www.tomcaplanmsw.com

Option, une alternative à la violence conjugale et familiale

Address: 1150, St-Joseph Est/East, bureau 104 Montréal (QC) H2J 1L5

Tél/tel: (514) 527-1657 **Courriel/email:** option@cooptel.qc.ca **Site web/web site:** <http://www.optionalternative.ca/>

Gouvernement du Québec – Health and Social services (Directory)

Site web/web site: <http://santecapitalenationale.gouv.qc.ca/adultes/harcelement-agression-violence/aide-aux-personnes-ayant-des-comportements-impulsifs-ou-violents/>

L'autonhommie, Centre de ressources sur la condition masculine

Address: 1575, avenue 3e avenue Québec (QC) G1L 2Y4

Tél/tel: (418) 648-6480 **Courriel/email:** info@autonhommie.org **Site web/web site:** www.autonhommie.org

C-TA-C (Contre toutes agressions conjugales)

Address: 158, avenue Belzile Avenue, bureau 01 Rimouski (QC) G5L 3E4

Tél/tel: (418) 725-2822 **email:** c-ta-c-rimouski@globetrotter.net **Website:** http://www.ctac.riki.ca/pages/act_rimouski.php

Trajectoires Hommes du K.R.T.B.

Address: 48 rue Témiscouata boîte postale 5 Rivière-du-Loup, Québec G5R 2X9

Tél/tel: (418) 605-0878 **Courriel/email:** trajectoreshommes@hotmail.com

Site web/web site: <http://www.trajectoreshommes.org/accueil.php>

**NATIONAL, PROVINCIAL & TERRITORIAL LINKS TO:
SUPPORT FOR THOSE BEHAVING ABUSIVELY**

**NOTE – DIAL 211 FOR ASSISTANCE IN MULTIPLE LANGUAGES IF YOU LIVE IN BRITISH COLUMBIA, ALBERTA,
SASKATCHEWAN, MANITOBA, ONTARIO, QUEBEC, NEW BRUNSWICK, NOVA SCOTIA OR NUNAVUT**

SASKATCHEWAN

PROVINCIAL DIRECTORY

Saskatchewan Government – Justice Ministry - Phone: 306-787-2733

Website: www.saskatchewan.ca/residents/justice-crime-and-the-law/victims-of-crime-and-abuse/interpersonal-violence-and-abuse-programs

REGINA

Family Service Regina - Address: 200 – 1440 Broadway Ave., Regina, SK S4P 1E2

Phone: (306) 757-6675 **E-mail:** info@familyserviceregina.com **Website:** <http://familyserviceregina.com/abuse/>

Alternatives to Violence-Regina Mental Health Clinic - Address: 2110 rue Hamilton St. 3rd Floor Regina, SK S4P 2E3

Phone: (306) 766-7800 – **Website:** <http://www.rqhealth.ca/departments/mental-health>

Psychology Today Therapists Directory – Regina Contacts

Website: https://therapists.psychologytoday.com/rms/prof_results.php?city=Regina&state=SK&spec=576

SASKATOON

Journeys for Men – Family Healing Centre Lodge (Saskatoon)

Address: 128 Avenue Q South Saskatoon, SK S7M 2Y1 - **Phone:** (306) 653-3900

Men’s Talking Circle – Saskatoon Tribal Council - Address: 1420 rue 20th Street West Saskatoon, SK S7M 0Z4

Phone: (306) 978-7400 **Website:** <http://www.menarepartofthesolution.com/>

Psychology Today Therapists Directory – Saskatoon Contacts

Website: <https://therapists.psychologytoday.com/rms/state/SK/Saskatoon.html>

MOOSE JAW

Alternatives to Violence - Five Hills Health Region District, Moose Jaw - Mental Health and Addiction Service

Address: 55 Diefenbaker Dr. Moose Jaw SK-S6J 0C2 **Phone:**306-694-0296 /1-888-425-1111 **Email:** inquiries@fhhr.ca

Website: <http://www.fhhr.ca/AdultGroupServices.htm>

Psychology Today Therapists Directory – Moose Jaw Contacts

Website: <https://therapists.psychologytoday.com/rms/state/SK/Moose+Jaw.html>

PRINCE ALBERT

Prince Albert Parkland regional Health Authority

Address: 1521 6th Avenue West, Prince Albert, SK. S6V 5K1 **Phone:** (306) 765-6400 **Email:** rmyer@paphr.sk.ca

Website: <http://paphr.ca/services/public-health/healthy-lifestyle>

Prince Albert Police Services (Victims Directory)

Phone: (306) 953-4222 **Website:** <http://papolice.ca/Programs/FamilySafety.aspx>

Catholic Family Services of Prince Albert Inc. – “Stepping Up Program”

Address: #300, 1008 – 1st Ave West , Prince Albert Saskatchewan S6V 4Y4

Phone: (306) 922-3202 or 1-877-922-3202 **Email:** cfspa@sasktel.net **Website:** <http://www.cfspa.ca/stepping-up.html>

NORTH BATTLEFORD

Prairie North Regional Health Authority - Address: 1092-107th St. North Battleford, SK S9A 1Z1

Phone: 306-446-6500 **Email:** wayne.s@pnrha.ca **Website:** www.pnrha.ca/bins/content_page.asp?cid=21-160&lang=1

YUKON

Violence Prevention Unit, Department of Justice, Yukon – Directory - Address: P.O. Box 2703, Whitehorse, YT Y1A 2C6

Phone: 403-667-3581 or 1-800-661-0408 **Website:** <http://www.justice.gov.yk.ca/prog/cor/vs/phonedir.html>